

UMkhankaso Wezinhlangano Zomphakathi Maqondana Negciwane iKhorona unqanda amahlebezi nemibono evela emiphakathini ukuze kuvalwe igebe lokutholakala kolwazi phakathi kukahulumeni, abezindaba, amaNGO, abezamabhzinisi kanye nomphakathi. Ngokuhlinzeka umphakathi ngamaqiniso angephikiswe, lezi zindaba zeGciwane iKhorona zihlose ukwenza ngcono ukuqonda izidingo ezimayelana neGciwane iKhorona nokuveza amahlebezi ngaphambi kokuba adale umonakalo omkhulu.

Izindawo zokukhosela ezweni lonkana sezemukele abesifazane abaningi nezingane ezibalekela udlame Iwangokobulili ngesikhathi semvalelwakhaya. Izingqinamba ezinkulukazi ezibhekene nalezi zindawo zokuphepha wuxhasomali, izinsizakwenza kanye nokutheleleka okungenzeka. Sikhulume nabeNational Shelter Movement (i-NSM), uDkt. Zubeda Dangor uthe inani labantu ebayalelw kuye lande “kakhulu” njengoba ukwelulwa kwemvalelwakhaya kwamenyezelwa nguMengameli uMnu. Cyril Ramaphosa. “Abantu abaningi abakalutholi uxhasomali lombuso oluqondile ngalesi sikhathi ngoba abaningi abanazo izevatho zokuzivikela (amaPPE).

Izindawo zokukhosela ezingamaphesenti angamashumi ayisishiyagalolunye nanhlanu (95) azinayo imishini yokuhlola izinga lokushisa egazini lomuntu ngaphambi kokuba angene ngaphakathi futhi yingakho sicela uxhasomali emabhizinisini nakuhulumeni.”UDangor uthe ukuxoshwa kwabesifazane ngisho nangaphambi kokufika kweCOVID-19 yisu elisetshenziswa ngabahlukumezi kanti ngokufika nje kweCOVID-19, lokhu sekuvele kwadlebeleka. Uthe abesifazane abaningi nezingane bathuthelana kulezi zindawo zokukhosela usuku nosuku futhi abalutholi usizo kanye nezithuthi zezimo eziphuthumayo zamaphoyisa.

“Kule nkinga yezomnotho efana nalena esikuyo njengamanje, ngeshwa amaNGO nezindawo zokukhosela ziyoba ngezokugcina ukuthola imali. Isikhathi esiningi size sizifunele usizo ezinkampanini, kodwa nazo sezivalile manje, ngakho-ke sizoba ngabokugcina ohlwini uma imali isiqualile ukungena futhi”, kusho yena. Noma ngabe ngubani odinga usizo oluphathelene neGBV (uDlame Lwangokobulili) angashayela iSikhungo Esijutshelwe Udlame Lwangokobulili Kuzwelonke kule nombolo ethi: 0800 428 428, noma ashaye u: \*120\*7867# ngenombolo yakhe kamakhalekhukhwini

# IMIBUZO NEZIMPENDULO

Ikhaya akuyona indawo  
ephephile kimi.  
Ngingenzenjani?



Ngiphephile kodwa  
ngidonsa kanzima ngezimo  
zempilo zesikhathi eside  
nkinga nezendlalo ngenxa  
yodlame. Ngingenzenjani?



Xhumana neSikhungo Esijutshelwe Udlame Lwangokobulili Kuzwelonke kule nombolo ethi: 0800 428 428, noma ushaye u: \*120\*7867# kumakhalekhukhwini wakho. Okunye, xhumana nendawo yokukhosela eyodwa esifundazweni sakho – bheka uhlu lwethu ekhasini elilandelayo. Ungaphinde uzenzele wena nezingane ezikhona ekhaya uhlelo lokuphepha. Hlonza umakhelwane, umngani, isihlobo noma uzakwenu ongaya kuye uma kunesimo esiphuthumayo. Yiba nohlelo oluphephile lwemoto ozohamba ngayo khona lapho ukhona bese ugcina izinto ezimbalwa ezisemqoka zikuwena (i-ID yakho, imali, imishanguzo nezimpahla) kanye nohlu lwezinombolo zezingingo ezisebenzayo. Cabanga ngokwakha ikhodi eliyimfiho nomakhelwane omethembayo ongakulekelela uma kuphuthuma.

- Hlala uxhumene noma ufunе usizo emndenini nakubangani ngokusebenzia ucingo, umbikonyazi (i-imeyili), noma ngokubhala umyalezo.
- Zama ukwenza imisebenzi ejwayelekile bese uzinika isikhathi sokuzivicavoca okudinga usebenzise amandla bese uyalala.
- Zivocavoce sakuphumula ukuze udambise imicabango enokhwantalala kanye nemizwa. Bheka izibonelo ekhasini 70 lemiyalelo yeWHO (iNhlangano Yezempilo Ezingeni Lomhlaba).
- Thungatha ulwazi mayelana neCOVID-19 emithonjeni ethembekile bese unciphissa isikhathi osisebenzia ezindaben (isibonelo, isikhathi esingaba yihora eli-1-2 ngosuku, kunehora ngehora).

# IZINDAWO ZOKUKHOSELA ZABESIFAZANE ENINGIZIMU AFRIKA

## 1 GAUTENG

Alexandra - Bombani Shelter; 011 027 1513/072 244 1630.

North Rand - 013 935 8032; 013 935 8032; 083 684 7737

Ekurhuleni - Mercy Haven, 074 417 7603

Pretoria - Re-Bafenyi Victim Empowerment 083 949 8144

West Rand - Are Areng Nthabeleng Safe Haven, 084 849 3344

## 2 KWAZULU-NATAL

Pinetown - Open Door Crisis Center, Thora Mansfield 031-7092679

Durban - Kenilworth Respite Centre, 072 446 3337 or 0312076483

Pietermaritzburg - The Haven, 033- 394 0228

Ladysmith - Victory Haven, 076 5299 109 or 036- 633 3426

## 3 LIMPOPO

Polokwane - Ekuphumleni Restoration Home ThyREST, 015 223 0091,  
073 174 9185

Polokwane, Khuseleka One Stop Centre, 015 293 1182/3/4/5, 084  
466 8212

## 4 NORTH WEST

Mooi Mooi - Grace Help Shelter, 072 348 6526 / 014 574 3476

## 5 WESTERN CAPE

Woodstock - St Annes Homes, 071 906 3949 or 0214486792

Athlone - Saartjie Baartman Centre, 082 903 8739 or 021633587

## 6 EASTERN CAPE

Southernwood, East London, Masimanyane Shelter, Chrislynn  
Moonieyan 081 247 6056

Buffalo City, King Williams Town - Khanyisa Community Based,  
Noxolo Bashe 082 374 0042

## 7 NORTHERN CAPE

De Aar - Ethembeni Community and Trauma Centre, Clair Adriaanse  
073 8888738

Upington - Bopanang One Stop Centre, Valarie Syster 0798841834

## 8 FREE STATE

Welkom - Goldfields Family Advice Organisation, 057 395 6153

Parys - Tumahole Victim Support Centre, 073 645 9283

QwaQwa - Thusanang Advice Centre Shelter, 079 165 6245

Bethlehem - Child and Family Welfare, 071 111 5816