

Halin da ake ciki kamar cututtukan coronavirus da sauri yana haifar da rashin fahimta, jita-jita da bayanan karya ko labarai na karya, kamar yadda muka gani tare da rikice-rikice da yawa Kasarmu ta san wani lokaci. Muna da wani aiki a kanmu da rawar da za mu taka yayin yakar wannan kwayar cuta ta hanyar tabbatar da cewa mun rarraba bayanai daga ingantattun bayanai ingantattu kuma Ka kunna fitilun fellowan uwanmu foran ƙasa don alhakin yanke hukunci mai mahimmanci. Yaƙin gangami **na Coronavirus CivActs (CCC)** ya tattara jita-jita, damuwa da tambayoyi daga al'ummomi a Jamhuriyar Nijar don rufe gibin da ke tsakanin bayanai game da gwamnati, kafofin watsa labarai, kungiyoyi masu zaman kansu / ADs da 'yan ƙasa. Ta hanyar samar wa jama'a hujjoji, kungiyoyin ayyukanmu tabbatar da kyakkyawar fahimta game da bukatun dangane da COVID-19 da kuma lalata jita-jita kafin su iya yin ƙarin lahani.

**À HALIN YANZU MUTUN DARI SHIDDA DA SITTIN DA BIHU  
(662) SUKA KAMU DA CUTAR À NIJAR.  
DARI HUDU DA ARBAHIN DA BOKOYE  
(447) À KAN KULAWA.  
ASHIRIN DA BIHU  
(22) SUN RASA RAYUKANSU.  
DARI DA TASA'IN DA UKU  
(193) SUN WARKE**



ka guji hulɗa da waɗanda  
suke kusa da kai



guji taɓa baki, hanci da idanu



guji tafiya



ci gaba da aici da abin rufe fuska

KAR A FIRGITA

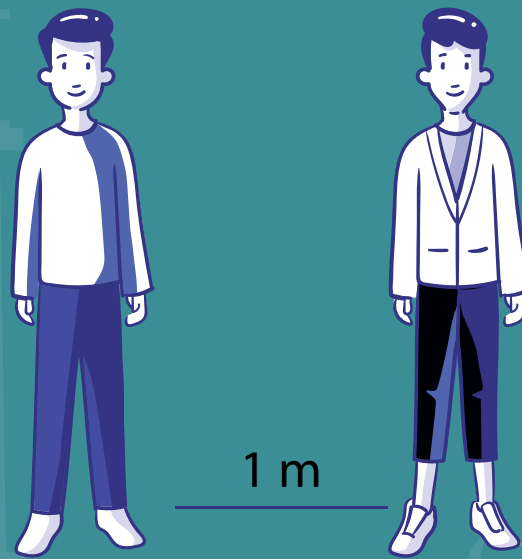


Zauna a gida kuma kira kyauta ga  
lamba goma sha biyar (15)

# Sake daidaita Aikin Ramadan da Lafiya na sirri Yayin Jagororin Tsarin Cutar

## Shawara akan nesa ta zahiri **1**

Yi nisan nesa ta jiki ta hanyar tabbatarwa koyausha tsananin kiyaye nesa da aƙalla 1 mita (ƙafa 3) tsakanin mutane.



Yi amfani da gaisuwa ta al'ada da ta addini wacce ba ta da ma'amala ta zahiri: alal misali, gaisar hannu, nodding, hannu akan zuciya.



# Sake daidaita Aikin Ramadan da Lafiya na sirri Yayin Jagororin Tsarin Cutar

## Shawara don narkar da jiki **2**

Yana hana mutane yin taro a wuraren da suke da alaƙa da ayyukan Ramadan (wuraren nishaɗi, kasuwanni da shagunan).



Tushen

Kungiyar Lafiya ta Duniya

**Kungiyar Accountability Lab Nijer ke gabatar da labarun yaki da cuta coronavirus**



# Sake daidaita Aikin Ramadan da Lafiya na sirri Yayin Jagororin Tsarin Cutar

## Nasihu don Rukunin Hadarin 3

Da wuya a kira mutanen da suke jin ciwo ko kuma suna da alamun COVID-19 kada su shiga cikin abubuwan da suka faru da kuma bin shawarwarin ƙasa akan kulawa da gudanar da lamuran alamu.



Tari



Zazzabi



Rashin karfi  
na numfashi

Tushen

Kungiyar Lafiya ta Duniya

**Ƙungiyar Accountability Lab Nijer ke gabatar da labarun yaki da cuta coronavirus**



# Sake daidaita Aikin Ramadana da Lafiya na sirri Yayin Jagororin Tsarin Cutar

## Shawara don rukunin masu haɗari **4**

Yi matuƙar gargadi tsofaffi da mutane waɗanda ke da yanayin da suka taɓa kasancewa (alal misali, cututtukan zuciya, ciwon sukari, cututtukan da ke fama da cutar sankara ko ciwon kansa) kar su haɗu da haɗuwa saboda suna iya haifar da mummunan nau'in COVID-19 ko mutu daga shi.



Tushen

Kungiyar Lafiya ta Duniya

**ƙungiyar Accountability Lab Nijer ke gabatar da labarun yaki da cuta coronavirus**

