

Duniyarmu tana fuskantar mummunan makiyi, mara ganuwa, mai arna, coronavirus da aka sani da COVID-19. A cikin kasa da watanni 3, yana shafar fiye da kasashe 150, ko sama da 75% na abin da duniyarmu take da shi. A Nahiyar Afirka kuwa, kusan kasashe talatin ke fama da wannan barkewar cutar a yayin da wadanda suka fi karfinsu ba su da iko, sai a kwance damarar su. Tsarin lafiyar su, musamman karfin su na farfadowa, ya mamaye su. A yanzu, babu magani ko allurar rigakafin wannan kwayar. Abin da kawai makami da ke rayuwa a yau shine rigakafin

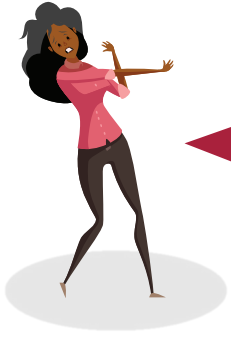
Wannan halin yana haifar da rikice-rikice, jita-jita, da bayanan karya ko labarai na karya, kamar yadda muka gani tare da rikice-rikice da yawa da kasarmu ta fuskanta na wani lokaci. Muna da wani aiki a kanmu da rawar da za mu taka a yayin yakar wannan kwayar ta hanyar tabbatar da cewa muna musayar bayanai daga tushe ingantattu kuma ingantattun bayanai don haskaka fitilun 'yan uwanmu na daukar alhakin yanke hukunci.

Gangamin Coronavirus CivActs (CCC) ya tattara jita-jita, damuwa da tambayoyi daga al'ummomi a fadin Nijar don kawar da gihin da ke tsakanin gwamnati, kafonin watsa labarai, kungiyoyi masu zaman kansu / AD da kuma 'yan kasa. Ta hanyar samar wa jama'a hujjoji, actionungiyoyin aikinmu na providean kasa suna ba da kyakkyawar fahimta game da bukatun COVID-19 da jita-jita masu kiba kafin su sami karin lahani.



**A HALIN YANZU MUTANE GOMA SHA TAKWAS
SUN KAMU DA CUTAR CORONARIVUS A
CIKIN MUTANE UKU SUN RASA RAYUKANSU**

jita-jita



Wannan bayanan ba gaskiya ba ne. Duk da yake gaskiya ne cewa manya (tsofaffi) sun fi rauni daga cutar,



Kira don kar a taɓak-she-kokaya daga China, wadannan kunshin za su fallasa wa masu karban kwayar.



Wani jita-jita da ake yadawa shine sauro na cutar. ba daidai ba ne!



Shan ruwan zafi ko shayi, cin tafarnuwa, albasa ...

Gaskiya

wannan ba ya ware cewa saurayi, har ma da jariri, zai kamu da cutar idan an fallasa shi.

Wannan ba gaskiya ba ne, saboda wakilin cutar yana rayuwa ne kawai a cikin abubuwa na 'yan sa'o'i, yayin da tafiya tsakanin China da Afirka ke daukar lokaci mai tsawo, har da jirgin sama

Coronavirus, yana yaduwa ne ta hanyar kwararar ruwa daga hanci ko kwanƙolin hanci daga mutun da ya kamu da cutar siga wanda ya yi amai ko hancinsa. Idan wadannan saukad da na yau din din ko kuma wadannan hancin suna kan hannayen, to gurbatawar zai iya yi ta gaisar da hannu

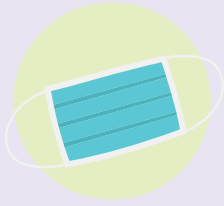
Shan ruwan zafi ko shayi, cin tafarnuwa, albasa ... Anan akwai magungunan karya waɗanda kimiyya ba zata iya dakatar da Coronavirus ba, amma ana ba wa masu amfani da yanar gizo waɗanda suke raba su yadda suke so. Idan da isa ne a sha ruwan zafi, ba za mu iya zama dubunnan dubban mutane da suka kamu da wannan cuta ba da dubunnan mutanen da suka mutu ba.

SOURCES

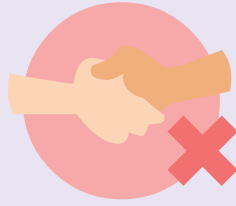
OMS

Chronique santé jeune Afrique

Abin da kuke bukatar sani game da cuta coronavirus



amfani da Abin rufe fuska (baki da hanki)



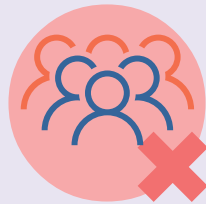
guji da hulda ta jiki



guji taba fuska



wanke hannuwanku da sabuni



kauce wa wararen cunkoso



guji tafiya

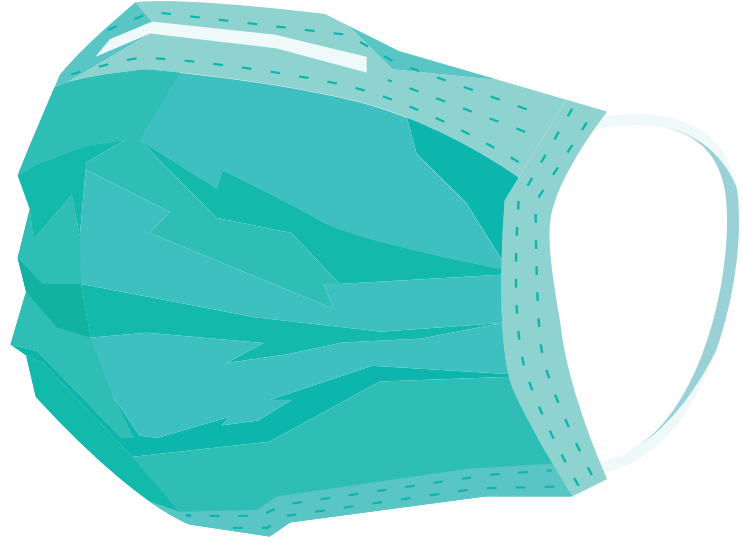
SAMU NIGER
NUMERO VERT: 701

ƙungiyar Accountability Lab Nijer ke gabatar da labarun yaki da cuta coronavirus



Yadda za a sa, amfani, cire da kuma zubar da abin rufe fuska?

- Ka tuna cewa ma'aikatan kiwon lafiya, masu kulawa, da kuma mutanen da ke da alamun cutar numfashi (zazzabi da tari) yakamata su sa abin rufe fuska.
- Kafin sanya abin rufe fuska, wanke hannuwanku da maganin ruwa ko kuma sabuni da ruwa
- Bincika cewa abin rufe fuska ba ya tsage.
- Gabatar da abin rufe fuska a madaidaiciyar (tsararren karfe zuwa sama).
- Duba cewa an sanya fuskar mai launin abin rufe fuska zuwa waje.
- Sanya abin rufe fuska. Sanya tsintsin karfe ko gefen wuya na abin rufe fuska don ya dace da kamannin hanci.
- Ja kasan abin rufe fuska don rufe bakin da kawanta.
- Bayan an yi amfani da shi, cire mask din, cire miyar roba daga bayan kunnuwa yayin matsar da abin rufe fuska daga fuska da suttura don kauce wa taɓa wani ɓangare mashin da zai iya gurbata..
- Cire mask din a cikin rufin rufewa kai tsaye bayan an yi amfani da shi.
- Bayan taɓa ko zubar da abin rufe fuska, wanke hannuwanku da maganin zartarwar ruwa ko sabulu da ruwa idan suna cikin rauni.



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Sauran ci bayanan WHO

Abun bushewa hanu basa tasiri wajen kashe kwayar

Mashin fuska bai kamata a sake amfani dashi ba

Kada a yi amfani da fitilar UV don bakanta hannaye ko wasu sassan jikin mutum

Shin shan barasa ko sinadarin chlorine duk jikinka ba zai kashe kwayoyin cutar da suka riga shiga jikinka ba

Babu wani abu da ya tabbatar da cewa goge hancin ka da ruwan gishiri yana kare Coronavirus

mai na ridi baya kashe Coronavirus

Antibiotics basa aiki da kwayar cutar

allurar rigakafin huhu ba sa kariya daga Coronavirus

Mutanen da ke cikin shekaru daban-daban na iya kamuwa da Coronavirus

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