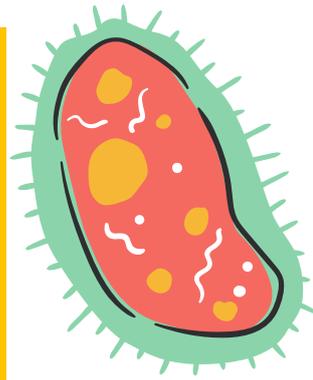
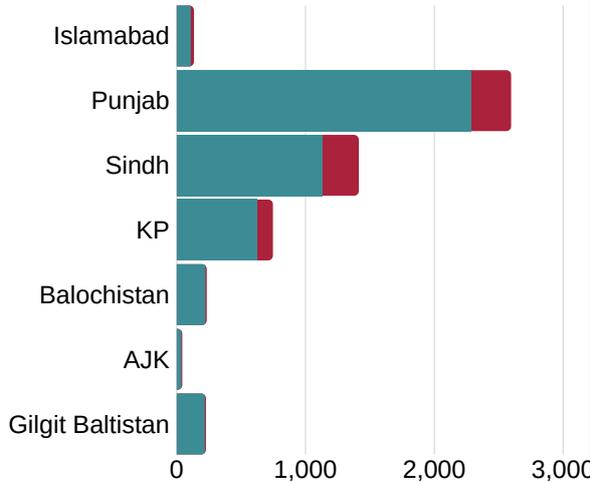


Situations like the coronavirus pandemic can quickly become a catalyst for social conflict due to misinformation, rumors and fake news, as we've seen in the past. Every day we continue to see more false information shared throughout communities, confusing citizens and leaving them unsure as to who can answer their questions.



Confirmed Cases



The **Pakistan Coronavirus CivicActs Campaign (CCC)** captures rumors and perceptions among communities to eliminate information gaps between the government, media, humanitarian agencies and citizens. By providing the public with facts, these coronavirus bulletins aim to create a better understanding of needs regarding coronavirus and to debunk rumors before they can do more harm.



DON'T PANIC!

Follow these steps to help prevent the spread of coronavirus.

- Wash your hands frequently with soap and water for at least 20 seconds. Use hand sanitizer (with at least 60% alcohol) if soap and water aren't available.
- Cover your nose and mouth (with your elbow or a tissue) when sneezing.
- Avoid crowded places and practice social distancing. If you think you have been exposed to someone with coronavirus, quarantine yourself for a minimum of 14 days and monitor any symptoms.
- Do not stockpile supplies.

IS IT TRUE?



I heard that people are getting injured at Ehsaas Programme disbursement centers. Is this true?

One woman died and 20 others were injured when a mob broke out outside an Ehsaas Programme disbursement center at a school in Multan. According to an eyewitness, thousands of women and children gathered outside the center before 9:00 AM, and when the gates opened, they rushed in, causing chaos. Government officials claim that proper arrangements, including water and waiting areas, have been made at every disbursement center. On Friday, however, applicants faced a shortage of water and seating, leaving most of them - elderly women included - sitting on the floor.

Is the government of Sindh providing expired rations to the poor?



Residents of Thatta in Sindh are saying that the food rations provided to them by the government are expired. Over 3,000 ration bags with expiration dates in 2004 and 2005 have been distributed among the community. The deputy commissioner of Thatta is claiming that fresh rations were transferred into old bags, meanwhile the distribution of the remaining 2,000 bags has been halted.



I saw a WHO alert circulating on WhatsApp that said there will be a "relax from lockdown". Is that real?

No. The WhatsApp message circulating about a lockdown in phases is not real. Lockdowns are decided by the government based on what is best for the community. It is best to follow guidelines issued by the government or from the World Health Organization on their official channels. Updates from the WHO about coronavirus can be found [here](#). To receive the WHO's Health Alert on WhatsApp, text "Hi" to +41 22 501 75 96 on WhatsApp or click [this link](#).

IS IT TRUE?

What are mobile utility stores?



On Friday, Federal Minister for Planning, Development, and Special Initiatives Mr. Asad Umar inaugurated a mobile utility store in Islamabad. The purpose of these mobile stores is to provide basic items such as flour, lentils, and ghee at low rates to people living in rural areas. The stores come under the Prime Minister's coronavirus relief package in an effort to increase people's access to necessary items. The first phase will consist of eight mobile utility stores operating in and around the federal capital, and the second phase will see the program expanded to different parts of the country.

I heard that the Punjab government has put a temporary ban on evictions. Is this true?



Yes. The government of Punjab announced last week that landlords will not be allowed to forcefully evict a tenant for two months starting from April 10. During the mandatory lockdown, tenants cannot be evicted for not paying or a delay in paying their rent. This ban has been imposed by Additional Home Secretary Mr. Momin Agha under Section 144 of the Code of Criminal Procedure.

When will hospital out-patient departments open?



Hospitals across the country have started reopening their out-patient departments. Last week, the government decided hospitals in Islamabad would be allowed to resume normal service and that OPDs would be reopened gradually. Similarly, the government of Khyber Pakhtunkhwa has decided to reopen all OPDs, however, social distancing must be followed at all health facilities. In Punjab, OPDs at all private and government hospitals have been reopened and are taking strict measures to prevent the spread of coronavirus. A number of hospitals in Sindh have also resumed regular OPD service.

What do I do if I think I have coronavirus?

Do you have any symptoms?

- **Fever**
- **Shortness of breath**
- **Dry cough**
- **Tiredness**



If so, contact your doctor or the coronavirus helpline at 1166.

Where can I get tested?

Karachi

Aga Khan University Hospital

Stadium Road, Karachi

Civil Hospital

DOW University Campus
Mission Road, Karachi

Dow Medical Hospital

Ojha Campus
Suparco Road, Karachi

Indus Hospital

Opposite Darussalam Society, Korangi
Crossing, Karachi

Lahore

Punjab AIDS Lab

PACP Complex
6 - Birdwood Road, Lahore

Shaukat Khanum Memorial Hospital

7A Block R-3 M.A. Johar Town, Lahore

Islamabad

National Institute of Health

Park Road
Chak Shahzad, Islamabad

Rawalpindi

Armed Forces Institute of Pathology

Range Road
CMH Complex, Rawalpindi

Multan

Nishtar Hospital

Nishtar Road,
Justice Hamid Colony, Multan

For more cities visit the
[COVID-19 Health Advisory Platform](#)



Coronavirus CivActs Campaign is brought to you by
Accountability Lab Pakistan.

