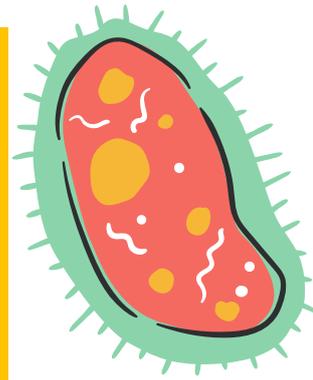
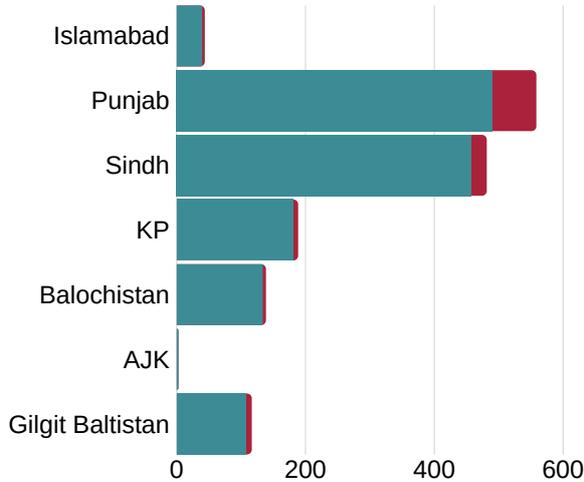


Situations like the coronavirus pandemic can quickly become a catalyst for social conflict due to misinformation, rumors and fake news, as we've seen in the past. Every day we continue to see more false information shared throughout communities, confusing citizens and leaving them unsure as to who can answer their questions.



Confirmed Cases



The **Pakistan Coronavirus CivicActs Campaign (CCC)** captures rumors and perceptions among communities to eliminate information gaps between the government, media, humanitarian agencies and citizens. By providing the public with facts, these coronavirus bulletins aim to create a better understanding of needs regarding coronavirus and to debunk rumors before they can do more harm.



DON'T PANIC!

Follow these steps to help prevent the spread of coronavirus.

- Wash your hands frequently with soap and water for at least 20 seconds. Use hand sanitizer (with at least 60% alcohol) if soap and water aren't available.
- Cover your nose and mouth (with your elbow or a tissue) when sneezing.
- Avoid crowded places and practice social distancing. If you think you have been exposed to someone with coronavirus, quarantine yourself for a minimum of 14 days and monitor any symptoms.
- Do not stockpile supplies.

IS IT TRUE?

I heard that helicopters will spray cities with disinfectant at night to clean them. Is this true?

No. The viral message on social media that the government will be spraying pesticides from the sky using helicopters is fake. These activities will not be carried out, and the sound of helicopters flying around at night does not mean that they will be spraying pesticides.

While there will be no mass-spraying of pesticides from helicopters, it has been decided that some areas with high numbers of coronavirus cases will be disinfected by volunteers. Chairman of Bahria Town, Mr. Malik Riaz has announced that Bahria Town will be working alongside the National Disaster Management Authority and Provincial Disaster Management Authority to start spraying Bara Kahu area with disinfectant, hoping to clear the area of any bacteria and virus within two days.

Additionally, areas of major cities have been disinfected or washed, including hospitals, markets, and major roads. Police officers accompanied the teams who used chemical sprays to wash areas of the city.

Which areas have been washed or disinfected so far?

- Bara Kahu (Islamabad)
- Polyclinic Hospital (Islamabad)
- CDA Hospital (Islamabad)
- F-6 Super Market (Islamabad)
- F-7 Jinnah Super Market (Islamabad)
- F-8 Markaz (Islamabad)
- District Courts (Islamabad)
- Union Council of Hatheyal (Islamabad)
- Islamabad International Airport (Islamabad)
- Hazrat Abdullah Shah Ghazi Shrine (Karachi)
- Hazrat Masoom Shah Ghazi Shrine (Karachi)
- Hazrat Qalandar Baba Aulia Shrine (Karachi)
- Hazrat Syed Noor Ali Shah Bukhari Shrine (Karachi)
- City jails (Karachi)
- Clifton commercial and residential areas (Karachi)
- Allama Iqbal International Airport (Lahore)
- Most major/minor city roads (Lahore)
- Mayo Hospital (Lahore)
- Services Hospital (Lahore)
- Ganga Ram Hospital (Lahore)
- Lady Willingdon Hospital (Lahore)
- Kot Khawaja Saeed Hospital (Lahore)
- Mian Munshi Hospital (Lahore)
- Nawaz Sharif Hospital (Lahore)
- Sheikh Zayed Hospital (Lahore)
- Punjab Institute of Cardiology (Lahore)
- All city roads and streets (Peshawar)
- Civil Secretariat (Peshawar)
- Red Zone (Peshawar)
- Official residences (Peshawar)
- Charsadda (KP)
- Kohat (KP)

I heard that medical staff in Punjab will receive additional compensation for their efforts in fighting coronavirus. Is this true?

Yes. Last week, Chief Minister Punjab, Mr. Usman Buzdar, announced that doctors, nurses, medical staff, and paramedics engaged in the treatment of coronavirus patients will receive a special risk allowance equivalent to one month's salary. This allowance is in recognition of their hard work in the fight against coronavirus.

IS IT TRUE?

Why are some areas being sealed and what does that mean?

Around the federal capital, some vicinities are being sealed due to positive coronavirus cases in the area and to prevent the spread of the virus in the surrounding areas. Rimsha Colony in sector H-9, Shahzad Town, and Bara Kahu are among the areas that have been sealed. The people who tested positive have been removed from the areas and are receiving treatment in isolated sections of hospitals.

What this means for the areas that are sealed is that people aren't allowed in or out of that area. In the case of Shahzad Town, police, rangers, and army personnel have been deployed to guard all entry and exit points and patrol the streets, and anyone seen loitering outside their homes are sent back inside. All shops are also closed until further notice.

Does Pakistan have enough PPE (personal protective equipment) for all the doctors, nurses, and medical staff at the hospitals?

On Friday, over two tonnes of masks, test kits, ventilators, and medical protective clothes were handed over to Pakistan from China at the Khunjerab Pass. In addition to the supplies arriving by trucks, a plane from China landed in Karachi carrying 50,000 coronavirus testing kits. China also sent medical personnel to help Pakistan fight the spread of coronavirus.

Despite supplies being shared by China, there is still a shortage of PPE in Pakistan, which is why it is especially important for citizens to play their part in the fight against coronavirus as well. By staying at home as much as possible and limiting exposure to other people, you are helping prevent the spread of the virus which in turn should send less people to hospitals.

Do you have any questions about coronavirus? Have you heard any rumors?

Send us your questions through the form below so we can address them!

bit.ly/CivActsCOVID

Sources: [The News 1](#) [The News 2](#) [The News 3](#) [The News 4](#)
[The News 5](#) [The News 6](#) [The News 7](#) [The News 8](#) [Nation 1](#)
[Nation 2](#) [ARY News](#) [Geo 1](#) [Geo 2](#) [Dawn 1](#) [Dawn 2](#)
[Tribune 1](#) [Tribune 2](#) [Tribune 3](#) [Dunya News](#) [Time](#)



What do I do if I think I have coronavirus?

Do you have any symptoms?

- **Fever**
- **Shortness of breath**
- **Dry cough**
- **Tiredness**



If so, contact your doctor or the coronavirus helpline at 1166.

Where can I get tested?

Karachi

Aga Khan University Hospital

Stadium Road, Karachi

Civil Hospital

DOW University Campus
Mission Road, Karachi

Dow Medical Hospital

Ojha Campus
Suparco Road, Karachi

Indus Hospital

Opposite Darussalam Society, Korangi
Crossing, Karachi

Lahore

Punjab AIDS Lab

PACP Complex
6 - Birdwood Road, Lahore

Shaukat Khanum Memorial Hospital

7A Block R-3 M.A. Johar Town, Lahore

Islamabad

National Institute of Health

Park Road
Chak Shahzad, Islamabad

Rawalpindi

Armed Forces Institute of Pathology

Range Road
CMH Complex, Rawalpindi

Multan

Nishtar Hospital

Nishtar Road,
Justice Hamid Colony, Multan

For more cities visit the
[COVID-19 Health Advisory Platform](#)



Coronavirus CivActs Campaign is brought to you by
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