Situations like the coronavirus pandemic can quickly become a catalyst for social conflict due to misinformation, rumours and fake news, as we’ve seen in the past. Every day we continue to see more false information shared throughout our communities, confusing citizens and leaving them unsure where to ask their questions.

The Liberia Coronavirus CivicActs Campaign (CCC) captures rumours and perceptions among communities to eliminate information gaps and debunk rumours before they can do more harm.

**Follow these steps to help prevent the spread of coronavirus**

- Stay at home unless you provide an essential service.
- Keep washing your hands frequently with soap for a minimum of 20 seconds. Use hand sanitizer (with at least 60% alcohol) if soap and water are not available.
- Cover your nose and mouth (with your elbow or a tissue) when sneezing.
- Avoid crowded places and practice physical distancing. If you think you have been exposed to someone with coronavirus, quarantine yourself for a minimum of 14 days and monitor any symptoms.
- The Center for Disease Control (CDC) has confirmed six new possible coronavirus symptoms. They are chills, repeated shaking with chills, muscle pain, headaches, a sore throat, new loss of taste and smell. The original reported symptoms remain fever, tiredness and a dry cough.
COVID-19 Security Response
Liberia National Police Hotlines

Montserrado

- Zone 1  Bushrod Island: 0770800501, 0770800990, 0770800911
- Zone 2  Central Monrovia: 0770800502, 0770800990, 0770800911
- Zone 3  Congo Town: 0770800503, 0770800990, 0770800911
- Zone 4  Garnesville/Barnesville: 0770800504, 0770800911, 0770800990
- Zone 5  Paynesville: 0770800505, 0770800911, 0770800990
- Zone 6  Brewerville: 0770800506, 0770800911, 0770800990
- Zone 7  Corwell: 0770800507, 0770800990, 0770800911
- Zone 8  Paynesville ELWA/Rehab/RIA Highway: 0770800508, 0770800990, 0770800911
- Zone 9  Somalia Drive/Jacob Town: 0770800509, 07708009111
- Zone 10  Vai Town, up to Freeport.: 0770800510, 0770800990, 0770800911
- Zone 11  Mont Barclay - Kakata Highway up to 15 Gate: 0770800511, 0770800990, 0770800911

- Other Senior Police supervisors numbers:
  0770800117 - Chief of Patrol and head of Zone and depots
  0770800142 - Head of Monrovia Region
  0770800125 - ERU Chief
  0770800121 - PSU Chief
  0770800190 - Chief of Small Arms
  0770800109 - Senior Inspector
Wash your hands with soap and water to ensure they are clean before handling the mask.

Locate the metal strip at the top of the mask. This end will rest on the bridge of your nose.

Secure the elastics around your ears or tie it behind your head.

Adjust the pleats to make sure it covers your nose, mouth and chin.

Do not touch the front of the mask while in use.

Is there already a vaccine to cure the coronavirus disease?

To date, there is no vaccine for the new coronavirus disease. Medical scientists are still putting in efforts to produce the vaccine and many others are exploring tests in various experiments. Scientifically, it is expected to take a year or more as many tests and trials to produce a vaccine are still underway.

Many believe that people can get coronavirus from touching goods shipped from severely affected countries. Can they?

Scientific research has shown that the virus cannot survive on packages and parcels for longer than 3 days. Studies have shown that the COVID-19 virus can survive for up to 72 hours on plastic and stainless steel, less than 4 hours on copper and less than 24 hours on cardboard.

How should you use a mask?

- Wash your hands with soap and water to ensure they are clean before handling the mask.
- Locate the metal strip at the top of the mask. This end will rest on the bridge of your nose.
- Secure the elastics around your ears or tie it behind your head.
- Adjust the pleats to make sure it covers your nose, mouth and chin.
- Do not touch the front of the mask while in use.