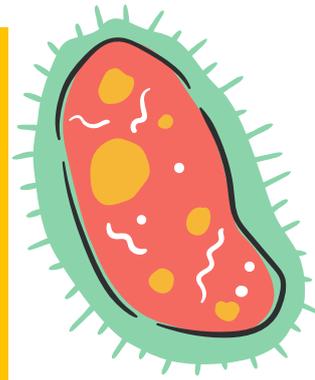
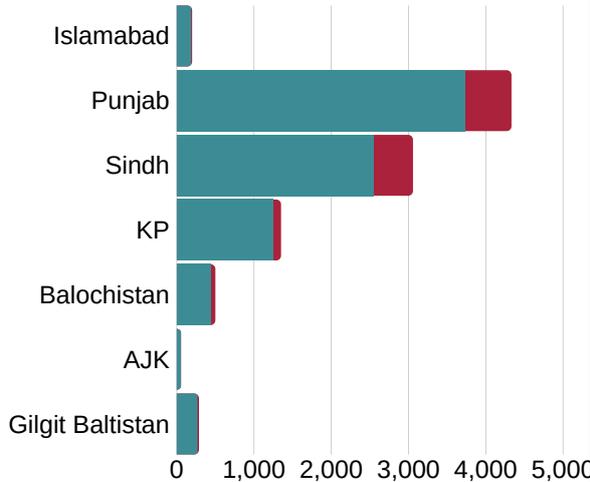


Situations like the coronavirus pandemic can quickly become a catalyst for social conflict due to misinformation, rumors and fake news, as we've seen in the past. Every day we continue to see more false information shared throughout communities, confusing citizens and leaving them unsure as to who can answer their questions.



Confirmed Cases



The **Pakistan Coronavirus CivicActs Campaign (CCC)** captures rumors and perceptions among communities to eliminate information gaps between the government, media, humanitarian agencies and citizens. By providing the public with facts, these coronavirus bulletins aim to create a better understanding of needs regarding coronavirus and to debunk rumors before they can do more harm.



DON'T PANIC!

Follow these steps to help prevent the spread of coronavirus.

- Wash your hands frequently with soap and water for at least 20 seconds. Use hand sanitizer (with at least 60% alcohol) if soap and water aren't available.
- Cover your nose and mouth (with your elbow or a tissue) when sneezing.
- Avoid crowded places and practice social distancing. If you think you have been exposed to someone with coronavirus, quarantine yourself for a minimum of 14 days and monitor any symptoms.
- Do not stockpile supplies.

IS IT TRUE?

Is Punjab facing an increase in COVID-19 cases?

Yes. Punjab has displayed the fastest spread of the virus since March 31 as the disease has reached a total of 32 of the province's 36 districts. The highest number of positive cases being reported are from Lahore, which is emerging as the next epicenter of COVID-19. The reason is said to be the undue relaxation in the lockdown, leading many people to run their businesses as normal, and continue their exposure to public places. Currently, Punjab risks the number of COVID-19 multiplying in the coming weeks, which could result in a devastating impact on the province housing the largest population in the country.

Is passenger train service being restored?

Yes. On Tuesday, Railway Minister Mr. Sheikh Rasheed announced the partial restoration of passenger train services across the country that will start from May 1. To limit the spread of coronavirus, the passenger train service suspension was put into effect from March 25 onwards.

Is Niaz Cricket Stadium being converted to an isolation facility?

Yes. A 250-bed isolation facility is being set up at the Niaz Cricket Stadium in Hyderabad, Sindh, as coronavirus cases continue to rise. This facility will include the Hyderabad club building, Sindh Sports Board Hostel and 10 hospital tents. The Provincial Disaster Management Authority has begun supplying items requested by Hyderabad deputy commissioner, Mr. Fuad Ghaffar. Items include 500 pillows and sheets, 250 mosquito nets, 250 water coolers, and 500 hygiene kits among other essentials.

IS IT TRUE?

Has the lockdown in Balochistan been extended?

Yes. On Tuesday, Mr. Liaquat Shahwani, a spokesperson from the provincial government of Balochistan, announced the extension of the lockdown until May 5. He explained that the reason for extending the lockdown is the increasing number of locally transmitted cases of coronavirus.

Is there a sufficient amount of testing equipment at Lyari General Hospital?

No. The hospital has been receiving COVID-19 patients from a coronavirus hotspot in Karachi, but lacks adequate virus testing kits which still have not been provided to them. Dr. Naveed Shaikh, medical superintendent of the hospital, stated that while a 98-bed isolation unit has been set up at the hospital for coronavirus patients, no tests for detecting the virus are being conducted at the facility, which is the major issue the hospital is currently facing.

Is chloroquine, hydroxychloroquine, and anti-malaria drugs effective in treating coronavirus?

Research experts have also shared that hydroxychloroquine has no impact on a patient's need for breathing support and may increase the risk of death. Based on initial research trials conducted in China and Italy, chloroquine has shown positive results for treatment of COVID-19 patients, however these studies were not conclusive and had limitations. Chloroquine has side effects on the function of the liver, kidney and heart. On Tuesday April 21, the federal cabinet approved the export of surplus chloroquine to friendly countries. As for the anti-malarial drugs, they do not show any benefit on corona patients according to experts at Microbiology Research Facility

What do I do if I think I have coronavirus?

Do you have any symptoms?

- **Fever**
- **Shortness of breath**
- **Dry cough**
- **Tiredness**



If so, contact your doctor or the coronavirus helpline at 1166.



Where can I get tested?

Karachi

Aga Khan University Hospital

Stadium Road, Karachi

Civil Hospital

DOW University Campus
Mission Road, Karachi

Dow Medical Hospital

Ojha Campus
Suparco Road, Karachi

Indus Hospital

Opposite Darussalam Society, Korangi
Crossing, Karachi

Lahore

Punjab AIDS Lab

PACP Complex
6 - Birdwood Road, Lahore

Shaukat Khanum Memorial Hospital

7A Block R-3 M.A. Johar Town, Lahore

Islamabad

National Institute of Health

Park Road
Chak Shahzad, Islamabad

Rawalpindi

Armed Forces Institute of Pathology

Range Road
CMH Complex, Rawalpindi

Multan

Nishtar Hospital

Nishtar Road,
Justice Hamid Colony, Multan

For more cities visit the
[**COVID-19 Health Advisory Platform**](#)

Coronavirus CivActs Campaign is brought to you by
Accountability Lab Pakistan.